**Tailored Action Plan - Seamus-20240823\_100028-Meeting Recording**

0:02  
In truly that we had Chief.

0:04  
Yeah, yeah, yeah, that's the one.

0:07  
Yeah, yeah, yeah.

0:08  
And so just to kick things off there and before I give you the tailored action plan, was there anything that you went and did after doing the workshop with us?

0:17  
And Truly, can you remember what kind of there was a good thing and a good because I was the oldest one in there and I said I'm lost.

0:26  
So I first of all what did I do?

0:29  
I did a few online courses with the basic, the CDL equivalent.

0:35  
He do them in 5 minutes, took me ages, database, data protection, cybersecurity.

0:42  
So I did the three of them and my head was spinning and I was nearly fit to jump off a bridge after it, but it was OK.

0:48  
I passed them.

0:51  
Who who who was it that you did those with the college, which would be kind of a fast thing, which I thought you had to be unemployed to do.

0:58  
But no anyone can log on as one person to admit to seems to be a secret kept in Ireland.

1:05  
You can just log in and but they were dare do advance wants to.

1:09  
But like that was that was enough for me.

1:12  
And was that like for free?

1:13  
And you could kind of do it in your time.

1:15  
Did it at home and I was examined from home.

1:18  
I thought I had to go into the sententially they said on or we'll see you on the camera.

1:22  
And so I said right, so we'll see.

1:25  
Will it work?

1:26  
And it did work and and I got my results.

1:29  
So I was impressed.

1:32  
Sweating a course like yeah, yeah, you know what?

1:37  
But that was what I did.

1:38  
Oh yeah, that's what I did.

1:39  
And just to get familiar with stuff, I'm watching emails that I get.

1:43  
I think I got a dodgy one this morning actually.

1:46  
So, well, I'm fairly sure I did.

1:49  
That was dodgy.

1:51  
No, I'm not very organised with my backups, but I have three external hard drives.

1:56  
Yeah, two of them are kept fairly near me, which is a no, no, I know because they should be in different places.

2:02  
Another one is at the other end of the house.

2:04  
I have a Home Office that's fine because I'm self emplied and I have a few memory sticks as well that things that I'm using a lot, I use them as well rather than Now none of them are password protected.

2:17  
OK, I have learned about strong passwords and I'm changing my passwords from the small ones 123456 to kind of all quivers and all.

2:33  
Yeah, he gave us kind of an ID there on punctuation Marks and all that.

2:39  
I there is password checker or password creators online and I do it and I don't trust them.

2:47  
So I change it bit afterwards because just in case there's a memory, I don't know what what's going on outside if you'll be taunted.

2:57  
Now my database, God love us.

2:59  
It is major according to WordPress, because they do a backing up service.

3:04  
I gets an e-mail from the 3 1/2 gigabytes.

3:06  
That's everything that's on this, you know, from I don't know is that big or small?

3:12  
I don't know.

3:13  
I'm not using any cloud backup.

3:16  
I I know I think he mentioned all right Google Cloud is not Google backup or something in the in the team.

3:27  
Yeah, I've changed my I I'm you.

3:30  
I'm hosting my website on with a crow called black noise.

3:33  
Yeah, OK.

3:35  
Now normally you put in your name, your username and your password and of course, guess what they headed as Shamus and well, whoever sit up from headed as Shamus and the password.

3:46  
So I changed the username.

3:47  
Now Shamus is gone and they're being long query username.

3:50  
Well, there's actually 3 because I I guess one would broke down.

3:54  
I've kind of and then a strong password.

3:57  
So the people can't even get the username right.

4:00  
And if they get that wrong one wrong ones, they're booted out for two months.

4:05  
And if I if I do think I can actually get back and I also have an app on my phone now, it's a code.

4:16  
It's a code.

4:17  
It's a Google and there's to some go Google on tint to get some on tint to get them anyway, yeah, yeah.

4:25  
So that helps me to get in.

4:27  
I hadn't any of that before I met you.

4:28  
So I was, I was busy.

4:30  
Don't hear let's.

4:32  
And I also changed the URL for WordPress in that every WordPress site in the world seems to have WP-ADM.

4:40  
I in after it to log in.

4:43  
But there was an app.

4:44  
I looked it up and there was some crowd doing an app because I didn't notice people were going in being locked out like somebody was trying to get in that type into the you could see it in the log file or something.

4:57  
I get an e-mail back from WordPress or something in WordPress anywhere.

5:05  
And I used to get this and those try things like admin things like that.

5:09  
And, you know, so I've changed that to kind of queer when I had that definitely backed up because there was warning there.

5:18  
Or if we don't be sure of that, you can never get into your site again.

5:23  
Yeah, now I have, I have a problem all right, with my oh, so getting into the website for me to make changes.

5:32  
Well, seems to be all right.

5:33  
But no doubt he could break into it and told me that's maybe that's why, because you're into that, you know, the the problems now the back end.

5:41  
No, not it's the back end.

5:42  
It's called whatever.

5:44  
If you book a course with me on my website, right, you do whatever way you do, but there is a way I can get in to see my course bookings.

5:55  
That's definitely dodgy because it's a URL.

5:59  
All right, It's I was able to get on to that with my phone.

6:05  
There's no secure 2 factor authentication and it's nothing.

6:11  
Yeah, yeah, and since this E college I use swear I'm an expert.

6:16  
It's not hashed either.

6:18  
Does that make sense?

6:20  
So like did you mean the passwords are stored somewhere in the clear or Oh, my password?

6:30  
No, but if they broke, if they got into, I'm sure if they, you know, I'm sure the could get into that.

6:36  
All the information inside.

6:38  
Yeah, basically what I have on the in my database.

6:44  
I'm probably giving you wrong names now because I've wrote it down.

6:47  
The last name and I was the name, phone number, address, e-mail address.

6:53  
Some that's my put their air code in with that address, you know, show them their house possible their employer because sometimes there's employer books then or the course they're booked on.

7:05  
There shouldn't be PPS number, even though occasionally fellas do put it on, there shouldn't be dates about.

7:10  
But sometimes people put things down.

7:13  
Now we're talking about the digital stuff anyway, because I would have paid for records which are different like.

7:19  
And yeah, yeah, I suppose we're kind of mainly kind of interested in the digital end of things.

7:24  
Yeah, yeah.

7:24  
Because I would have or PPS numbers in the in the file in that that skip for a small bit and they have to be shredded.

7:31  
So, so that's really what I have on my database.

7:40  
Is it?

7:40  
Yeah, yeah, I'm still trying to think in the database.

7:45  
I'm still thinking feels and my brain is totally.

7:53  
But it sounds, yeah, it's a it's kind of sounds like you've done a lot since we last saw you.

7:58  
So which is which is great.

7:59  
Like you did a lot of follow up because I knew nothing when I went India.

8:03  
Yeah, absolutely faking nothing.

8:05  
And there's a new world to me and Google seems to think by Google News now things seems to think.

8:16  
I want to know everything about cybersecurity.

8:18  
Everything is being torn at me now.

8:19  
But yeah, that's what it goes.

8:21  
Yeah.

8:21  
Yeah, it is.

8:26  
And so I'm wondering will I go on there and show you the action plan that we came up with you of course, yeah, unless you have any more there now that you want to tell us about.

8:35  
No, I think, I think that's I think I I think I have my life story nearly as I've kind of because I can see it is a big this hacking stuff has gone very big.

8:47  
Like I even see a new tubes, like the way they're operating from different parts of the world now and God, just like an office the way they do it.

8:56  
Yeah, it is.

8:56  
Yeah, yeah, Yeah.

8:57  
It's kind of turned into business in itself, like yeah, yeah.

9:02  
Because I generally thought there's only one or two even people in the country or which so I can see it is, oh, it's a big industry now.

9:11  
I'll say.

9:11  
Can I share this presentation with you here so we can go through?

9:15  
Thanks.

9:18  
So can you see?

9:19  
Did something come up there?

9:20  
No, it says can I display content?

9:22  
There was a problem displaying the content.

9:24  
Oh, no.

9:26  
I wonder what that's about.

9:28  
I could try.

9:31  
Yeah, What I did, I did the one of the ECDL courses there before and your men had some problem and he got into my computer and he changed some settings.

9:41  
Whether he's after upsetting things or not I don't know.

9:44  
So there there's nothing there's no little boxing.

9:47  
Will you allow this or there's no, no.

9:50  
What I can see here now at the moment is OK recording has started and all that.

9:54  
That's yeah.

9:54  
Then down in the where the normal what you display to me.

9:59  
Yeah.

9:59  
It just says can't display content.

10:01  
There was a problem displaying the content.

10:04  
I I'll just try it another way.

10:05  
OK, because I can.

10:07  
Yeah, I'm sure it's my set up here or whatever is this is the joys of computers anyway things.

10:17  
Yeah, it is.

10:19  
We don't leave fellas like me yet.

10:21  
I upset every setting.

10:23  
Well, no, I have in the mail anyway, so yeah, I have it now.

10:26  
Cyber resilience.

10:28  
Cyber.

10:28  
Yeah.

10:29  
Questions, feedback.

10:29  
Yeah.

10:30  
I'm getting a PowerPoint here.

10:31  
Yeah, yeah.

10:32  
Let me see.

10:33  
Can I present this now?

10:35  
And is it?

10:36  
Can you still see it there now?

10:38  
Yeah, yeah.

10:39  
All right, so we go on here.

10:41  
So just to tell you what we're at today, we're going to give you this tailored action plan.

10:46  
So we're kind of building a website at the moment that will have a version of that risk assessment tool that you would have done down and truly with us.

10:53  
And we kind of gave you an early prototype, but now we're almost finished putting it on a website and the divert diversion on the website, it'd be very similar.

11:01  
You'd be going through the same sort of questions, but then once you submit them, you'd get this tailored action plan that we're showing you today would be kind of automatically generated on the spot.

11:10  
So you wouldn't have to wait a few months that you you're, you're after having to wait today.

11:15  
And, and, and So what we're trying to do to tailored action plan is to give advice that's kind of personal to your business.

11:23  
You know, it's not just kind of generic advice.

11:26  
And so that we're kind of managing that just by, I suppose, you know, basically on the answers that you give in the risk assessment.

11:34  
So I'm going to go on here now.

11:37  
So your plan that we're going to give you today is based on those answers that you would have given and truly there at the at the workshop.

11:45  
So I'm going to show you the we'll e-mail this on to you afterwards anyway.

11:49  
So you'll have a copy of it.

11:51  
But I'll just show you the different actions that we recommend.

11:54  
And then we'll just ask you a couple of questions to see if it makes sense to you, if you've any got kind of feedback to give us along the way.

12:01  
So, so the top three actions that came out for us were for you to test your backups regularly, enable automatic updates, and then ensure that your data's stored safely.

12:18  
Now I'll say going through your responses to the risk assessment, you're actually one of the people who is kind of behaving in a safer manner than most.

12:27  
So you kind of seem to already have kind of at the workshop, and truly you were kind of doing things as we'd like you to be doing them in most cases.

12:35  
So anyway, this is the advice we came up with.

12:38  
So Action 1.

12:40  
So if you just want to read down through this yourself and let me know when you've read it or even as you're reading it, you can be kind of thinking out loud a bit as well for us if you want.

12:51  
Yeah.

12:52  
Only testing my backups.

12:54  
Yeah Yeah, I did it I think 1 of you mentioned it actually.

13:01  
Maybe yourself that day all right to be sure to test the backup so I have been making up stories here as if my computer was broken down could I work with another laptop and things yeah I still have to get that sorted I'm.

13:19  
I can get information, but it's slow, you know, and but I have the information there.

13:28  
But trying to get it, trying to get it.

13:32  
I'm trying to back up the stuff at once a month now, just as a habit, you know, because my stuff isn't like to speak for me.

13:39  
But, you know, the country wants to shut down, but I shut down, of course.

13:46  
Now.

13:47  
Unless, you know.

13:48  
Yeah.

13:49  
Well, that's yeah, that's true.

13:53  
Dial backups can be testified.

13:55  
Yeah, that's that's right.

13:57  
I remember saying that about the the testing just to see what it OK.

14:02  
I yeah, I haven't no, I haven't seen your e-learning module and that that's something.

14:10  
Have you?

14:10  
Yeah, that that that'll be on the website.

14:12  
Oh yeah Oh yes.

14:13  
Oh, that's great.

14:14  
Oh, that's fine.

14:15  
That's fine.

14:15  
Yeah, Yeah, I think am I going down through thing?

14:19  
Yeah, I think I, so I might go on to the next slide here.

14:23  
Just ask a few questions and if you want me to flick back to that one, let me know if it helps you answer the questions.

14:30  
So just in general, how do you feel about the advice that you just read there?

14:34  
Well, that's fine.

14:35  
That's great.

14:35  
It's important.

14:38  
It's very important and they help clear and helpful they are.

14:42  
Yeah, Yeah, I'd be absolutely.

14:43  
Yeah.

14:43  
And have a look at that EE course whenever it is there.

14:49  
Yeah, the barriers is me, the barrier is me actually saying I'll do it every month and then something will happen and I'll do it next week.

14:58  
And next thing that's I said that that's the problem because it's my fault always.

15:04  
But I know what you mean.

15:05  
It's it's like the things come up in the course of business that you have to kind of deal with immediately.

15:09  
And then.

15:10  
Yeah.

15:11  
And exactly, Yeah, yeah.

15:14  
Should I do it later on and you know, and you know, I just have to sit down maybe the 1st of the month or something and just say it today is Cam day or something myself down today because that would be kind like, you know, I could do that kind of once I do it at a certain time.

15:32  
I think maybe yeah, yeah.

15:38  
And is there anything you think we could have improved with that advice there now?

15:41  
No, no, no, I, I mean, no, that's to get me up and running like, you know, because if I have, because I have occasionally had changed settings in my website and things and of course my website crashed and I'm not well, bonkers and Black Knight were always granddad get me back up and running quick.

16:06  
But like I I've had in the past, I would have what will happen if I change this?

16:13  
And yeah, that kind of goes for the backups as well.

16:15  
You know, if you kind of made any say if you're doing your backups, however often you're doing them, and then if you come along to try and kind of install a new piece of software and then you forget to say, test your backups again, this new bit of software could have kind of thrown a spanner into work.

16:29  
So yes, yes, yeah, that's yeah, that's it.

16:34  
Yeah, there's something about automatic updates as well.

16:37  
Yeah, I am.

16:38  
Normally what I do with the updates, I just click.

16:42  
I don't have it automatically update.

16:44  
I just click text me when there's updates.

16:47  
So I think that's the next piece.

16:49  
So we might just want that there.

16:52  
Yeah.

16:52  
So if you want to have a read down through this again and let me know when you're done and we can go on to the questions.

16:59  
Yeah, update some.

17:01  
Yeah, manually.

17:02  
I do it because it gives me a chance to kind of have a thought about what's going on in case that automatic stuff would cause an issue.

17:14  
Maybe, maybe I'm too suspicious of stuff, but I do even even the websites and stuff it tells me windows updates and kind of is it apps or no plug insurance.

17:32  
I think it's the word, you know, and so I do, but I don't always go straight away.

17:40  
I kind of maybe a day or two first and see, because in case there was some issue with it.

17:46  
And then, you know, and really they keep emailing.

17:53  
Well, it's an automatic thing.

17:54  
If I don't update it, they keep emailing me.

17:56  
So I suppose for, for peace, I do have to do update it.

18:01  
We don't know any of that Yeah, that's right.

18:05  
If we don't regularly update it.

18:06  
Yeah, because they were telling us that that the all the the week, the week.

18:13  
What is it?

18:13  
The vulnerability.

18:14  
Vulnerabilities.

18:15  
Yeah, the the guy, the guys, the hackers would know that I think ultimately, OK, really have I don't have any backup of my software that I think yeah, yeah, I'm not even sure there.

18:48  
Well, Windows kind of updates itself the booking form I have for the courses that I do because I do training courses like that's what I meant and it's PHP language.

19:09  
Would that be right?

19:10  
OK, now it, they have a new version of it out which I am looking at which will be updated to that.

19:19  
But I'm, I'm, well, I have it.

19:25  
They did send it to me.

19:26  
They did put it actually on my website.

19:31  
So I presume if that gave trouble, they could get it back themselves or they have copies of it or something.

19:37  
But that's better presume anything there is in the new software.

19:43  
This two factor authentication for getting into the embrace it, getting into the booking bar and part of it.

19:50  
They have that.

19:53  
But that's all there.

19:55  
So I am trying to update, keep things up to date as quick as I can.

19:59  
You know, without causing.

20:03  
Yeah, I suppose the, the kind of what we're trying to get across in this bit of advice is that as far as possible just try and use the automatic ones.

20:11  
I know what you mean about like preferring the manual thing because you feel like you have a bit more controlled that you'd be afraid something would happen with the automatic.

20:20  
And like a few years ago I would have kind of agreed with you more.

20:24  
But like the software updates now have kind of become such a thing that most people will say kind of for 90% to the stuff use the automatic one that they kind of they test them pretty well.

20:36  
And there's certain there's certain things then all right, though, that you will want to kind of be careful about you lower yourself from your own business.

20:43  
Like you're saying, say you're booking thing.

20:45  
Now that would be very important that that wouldn't go belly up for you because you'd be losing business.

20:50  
And it's a bit of it's a bit of a different thing as well because this part of your website.

20:53  
So with something like that, I'd say if I mean maybe try out the automatic updates and see how you go with it.

21:00  
But still you might want to choose, OK, I'm not going to run updates kind of two days before I launch a new course or something like that.

21:09  
You might pick a time that, OK, I'll try my updates now for the bookings after because I know that I'm not really going to be busy with bookings for the next couple of days.

21:18  
You know, you kind of have to, I suppose you kind of figure it out for your own business a little bit.

21:23  
Yeah, yeah, yeah, yeah, yeah.

21:26  
Because they don't be a lot of change in the booking system.

21:30  
Usually it's any changes I've asked for them to be changed.

21:36  
Like I kind of emailed them and say, look, they speak different things.

21:40  
I say, oh, could you put in when I print out the the sheet of paper said can I get the phone number and that instead of this code because the code to me and you know, they're they're able to do that stuff for me.

21:52  
I'm sure it is easy for them.

21:54  
But yeah, it is nothing I could do.

21:57  
I'm so sure I'll we may as well go through these questions anyway.

22:01  
So what did you feel about that advice?

22:03  
Yeah, that's fine.

22:04  
That's fine.

22:04  
It makes great sense to keep up up to date.

22:07  
And again, the barrier there is myself.

22:10  
Yeah, listing so you can understand the steps and kind of follow them.

22:16  
And it's so important to keep up up to date as the stuff because interesting what I read there on this and it is just shows how the code can be the some fellow wrote could you write 3 pages without make a mistake?

22:32  
And I kind of said no, Well, could do you think a fellow could write 30,000 pages of code without making an error?

22:39  
Yeah, probably not.

22:41  
And that error could mean you get into the.

22:44  
No, you could do it maybe, Brian, but I couldn't.

22:47  
No, I think that's it.

22:48  
Like it's everybody's only human.

22:50  
So there's going, there's going to be problems in there.

22:53  
So it is just fixing them as soon as you kind of.

22:55  
Yeah, they become known.

22:58  
And can you think of anything that we could have done to improve?

23:01  
No, no, no, it is.

23:02  
Look, it's this proper advice, you know?

23:07  
Yeah, force me to do what?

23:10  
That's all.

23:11  
Because, you know, that's great.

23:14  
I clicked on by mistake there, but we may as well go for it.

23:17  
And so this is the third one then to ensure that your data is stored safely.

23:22  
So just have a quick look at that there.

23:25  
I taught had my dad in the cloud, but it's in it's not it's what I have my certs, the certs that are such seashore one day three.

23:36  
OK, the reason I get sometimes fellas contact me or we lost the cert.

23:40  
Yeah, you know, and you don't have it copied.

23:43  
I'm, I have, you know, I mean Mystic as well now, so I can kind of find it and rather than be you know what, I know what his name, but I, I have now put it on Google Cloud.

23:58  
Not, not it's not backed up.

23:59  
It's just Google that I could access it just try.

24:03  
But it's all my all my stuff really is on the computer now and on my hard drives now as well.

24:08  
So when you say your hard drives, does the backup hard drives is this.

24:12  
Yeah, the backup hard drives, Yeah, they're away from the computer.

24:15  
And actually I took one hard drive, one mechanical hard drive out of the computer because it was all the broad connected like I'm using it and that's another backup.

24:28  
So I got a York here kind of a thing.

24:31  
I just tried the mechanical hard driving to recognising it.

24:35  
OK, so, OK, so I, yeah, I'm not costing the cloud because my my ability there to get can cause a problem there, I think.

24:47  
OK, there's no storing more computers.

24:50  
Yeah, well, that's fair enough.

24:51  
Yeah, that's fair enough.

24:52  
And yeah, that's fine.

24:54  
Yeah.

24:55  
And GPRI have to put that in the data protection as well, which, you know, what did you know, isn't it OK?

25:01  
Yeah, OK.

25:09  
Yeah, the encrypting the data spots is something I must, I must learn about just to learn about it.

25:16  
Now I'm only using Windows Home Edition or something.

25:22  
So I can't encrypt there.

25:24  
There is Windows or something which that you can encrypt stuff or something.

25:31  
There's some, there's, there's like they, they have their hard drive encryption.

25:36  
So I don't know what's that called the the vault or the file vault or something like that, but it depends.

25:42  
Yeah, Yeah, there was something and because I'm on Windows 11 is going to be, I'm on Windows 10 here, Windows 11 coming on.

25:53  
And I'll probably get the, the business section, the business windows just to be learning about it.

26:00  
And I, if I, I see what I can encrypt their day.

26:03  
Yeah.

26:03  
Because it, it give you, you could either have the whole hard drive encrypted or you could just be doing it file by file.

26:09  
You know, if there was a certain file that you're keeping, you know, a spreadsheet or something like that could be encrypted by itself.

26:17  
I might try with one or two files to experiment because, yeah, knowing me, knowing me, I encrypt everything and forget my password.

26:25  
So I bet I'm not.

26:26  
Yeah, Yeah.

26:28  
You know, I but yeah, that's, that's, that's something I have to look at all right, because I I've like every idea in there because Google be trying all this stuff on my phone now and or some companies, big companies or they their stuff aren't even encrypted and stuff.

26:47  
They'd be kind of saying that like, and I'd be saying, oh, hang on now, shameless, you've nothing encrypted either or whatever about, you know, and how I wonder, could there ever be a breakdown in the process of encrypting hard drive that say I knew my password or whatever, or pain to get in or would that software ever give trouble?

27:10  
I was, you know, that's what I'm kind of worrying about.

27:13  
Like, yeah, I know what you mean.

27:17  
Well, it's, yeah.

27:19  
So say if you were trying to encrypt your whole hard drive, you're, you'd want to be making a backup before you do the encryption.

27:26  
That's where the backups can be handy.

27:28  
Yeah, yeah, yeah, yeah.

27:30  
Fair enough.

27:30  
Yeah, yeah, yeah.

27:31  
And so that's your kind of way around that.

27:33  
So you kind of have to, you have to dip your toe in a bit, you know what I mean?

27:36  
It's like, make your backup, then see can you use the encryption?

27:39  
And then if that seems to be working with you, that'll build your confidence in essence, you know.

27:44  
Yeah, yeah, because I that's the thing.

27:46  
Yeah.

27:47  
By my device.

27:47  
No, I haven't that.

27:48  
That's on the phone, I presume.

27:50  
Is it or is that?

27:52  
Yeah, that'll be like it could be on tablets as well or you can, you can put that going on a laptop as well.

27:59  
So to be I suppose that, yeah, it may or may not apply to yourself.

28:03  
Now if it's more of a desktop that you're talking about, yeah.

28:06  
Yeah, but I have a laptop as well and I'm trying what I'm trying to do now is have everything on my laptop.

28:12  
OK.

28:12  
Do you what else that don't sticking on the website that say this if this York broke down today, that's something when it went to fire say right, That I could work with my laptop and that, you know, if the power goes out then or I have no Internet, but at least my laptop is working.

28:28  
There's a battering for a while.

28:32  
No, I think that's fine now.

28:34  
Yeah, the GDPR, the data protection.

28:36  
Yeah.

28:36  
Because like, I have a lot of stuff there, like the person's name, their phone number, that address, that's all that e-mail address.

28:46  
If they get me the air code, I could find their house from Google or the, the the Google team to put it in.

28:54  
You find their house.

28:54  
Yeah, that's it.

28:55  
And if I was, if I was evil, I probably could go back, back and see.

29:00  
All right, the alarm is here.

29:02  
The the whatever else you look for, you know, the ladder is kept in the back of the shade.

29:08  
And I'm sure we'll go on ahead.

29:14  
So, yeah, that's great.

29:15  
Thanks very much, JC.

29:17  
So that's fine.

29:18  
Just by going down to this quick thought, you're saying.

29:21  
And you felt that advice was reasonable.

29:23  
Yeah.

29:24  
Oh, very good.

29:24  
Very good.

29:27  
And the steps there were clear enough for you.

29:30  
They are.

29:31  
I'll have to learn a small bit about encrypting, but that's I just been nervous about it at the moment myself.

29:36  
You know, I just, but I'd have to, I, I know I have to do it.

29:41  
So maybe I'll do one or two files.

29:43  
I think.

29:43  
What do you say there about the one or two files 1st and also keeping it, you know, I guess that process maybe the hard drive and and you know, I think that's good because I've been kind to have encrypted everything, which would have been a problem if it broke down.

29:59  
Yeah, yeah.

30:00  
So the the the backups are important.

30:02  
So I suppose the barrier there is that you just it's kind of to be able to trust the process because it's a new start of a process.

30:08  
So yeah.

30:09  
And me and me, my ability, I think is when my my taking my fear as was really, you know, you know, no, I've no suggestions.

30:19  
You know, it's scratcher.

30:22  
I mean it's so logical.

30:23  
I think about it, yeah, but it's like people have to tell me and keep telling me because, you know, it's like it's it's important.

30:35  
I can see it's important.

30:36  
Like there's no fighting against that.

30:39  
You're not.

30:40  
I couldn't fault that at all.

30:41  
So you don't.

30:42  
You're definitely busy up there keeping an eye on us and keep this I'll just so I'll sum up here.

30:47  
So these were the three actions.

30:49  
So test your backups regularly, enable the updates and ensure the data is stored safely.

30:54  
So is there anything that you would have been surprised it didn't show up here?

30:57  
Was there anything that you kind of know about your business or you're kind of the way you're using the software?

31:03  
No, that's the most I like.

31:05  
That's the most important thing, you know, well, the like just make sure I've got passwords, but my passwords are kind of and not share the passwords.

31:16  
He had that in the notes anywhere.

31:17  
Like you know, I did all right, like I did look at my users usernames and like but very you know, that were very like a main shamus shameless of SOS, you know.

31:35  
So all those kind of things have been changed now, which I suppose were put in for well, I don't know who put them in, but they were put in at the start, but you know, but they're gone anywhere now.

31:48  
I think thing like my new ones, but no, that's, that's very good.

31:53  
That's very good.

31:54  
And the, the testing, it makes great sense, of course, like because I could have 100 backups, but sure, if they don't work, they're no use.

32:02  
And and if there's no software, of course, test the backups with them because it might work.

32:07  
And still it's right it like there's no appointment 10 of them on the window there something that comes in and takes the 10 of them are the fire If there's a fire here, we'll say hopefully not my little house, but hard drives and everything would be gone together like so yeah, you were saying even mentioned as well story moon off site.

32:27  
I think, you know, we'll, you know, like that could be out in a shade or I will open somebody adjusted are the the if you found a cloud backup provider that's handy for the off site thing that if you're you've got your own backups made in an external hard drive, but if you had like an online system as well, that would be taking the dash out of your office.

32:56  
Yeah, that's different in of course from as you mentioned, the Google, the Google Drive, right?

33:02  
Yeah, yeah, that's a different yeah, yeah, yeah, no, that's that's fair enough.

33:05  
That's fair enough.

33:06  
Now password, is there anything password passwords because I have God only knows how many passwords I have, but I definitely more than 10 anyway, I will make sure I have you know the passwords and using it.

33:20  
There was a mention the last day of a password tool or a password a manager.

33:25  
Yeah, I'd use one of those.

33:27  
So I'd use one called Bit Warden and that's a free one.

33:34  
And yeah, I find it good, but it's a bit basically you have to come up with a very strong password to lock your password manager.

33:42  
It's like it's kind of an application you can download onto your computer and it can it can work with your web browser as well.

33:48  
It's very handy the web browser, you know, because anything that you websites you have to log into or anything like that, it can fill those in for you automatically.

33:56  
And and it's the other thing it's great for is generating passwords.

34:01  
You were talking about that, that you.

34:03  
I came across a few of those.

34:04  
Yeah, actually, which is great.

34:06  
Yeah.

34:06  
Yeah.

34:06  
So, so this would have it built into the program and you can tell us to generate a password.

34:12  
So I'd, I'd have mine set up to generate passphrases that would be like 4 or 5 words long.

34:17  
So it would kind of put four or five words together.

34:20  
And that makes a very long password.

34:22  
That's hard to guess.

34:23  
And would you find that better or you know, than the ones with the, the numbers and the graph, these scribbles at the.

34:33  
Yeah, I, I, I kind of prefer because if I most of the time it'll fill in the passwords automatically for me.

34:39  
But sometimes you need to type them in.

34:41  
And I actually find it easier to type in, say 5 words that are recognized rather than all these kind of symbols.

34:49  
So it's kind of different, people are different, but that's kind of the way I like to do it anyway.

34:53  
Yeah, that's why, yeah.

34:54  
Because sometimes my symbols, I can't, I have to find out.

34:57  
I say, Oh yeah, I forgot this symbol or I put in the wrong symbol.

35:00  
And yeah, yeah, that makes sense.

35:02  
Makes sense.

35:03  
Yeah.

35:05  
So just to say to you that we'll have this website version up and running hopefully in the next few weeks so we can contact you if you're interested.

35:12  
You could kind of have a go at that and you'd be able to see the learning resources and things like that on the website.

35:18  
Yeah, yeah, yeah.

35:20  
That's you have any you'd have something about that.

35:23  
There's some course that you said online, something that we could read up and yeah, yeah.

35:28  
So that'd be great because you're you're up to the you're up today with the latest stuff like which is great, you know.

35:36  
So I'm just going to send you on a quick survey here that you can, you can either do it.

35:40  
You can do it right now if you want.

35:42  
It's very short.

35:43  
I'll put it I'll put it into the chat here.

35:46  
So it might.

35:48  
Do you see something popping up there?

35:49  
Oh yeah, yeah.

35:51  
If you click on that there and there's only kind of a handful of questions that you could get through as quick as you want.

35:58  
Yeah, because I'm sorry, I'm to zoom.

36:01  
I know.

36:01  
I mean, you want to zoom, I use I'm you know, I'm just so that's why I know I have it in here.

36:08  
OK, These went the following statements in regards to tailored action to learn.

36:13  
Well, strongly agreed was relevant.

36:14  
So I have to I have to make sure I'm checking the right side Now let's because I could keep easy to understand it why it was well, I suppose I agree because it strongly agree as first we could always do better.

36:26  
But but where an action is achievable, they are achievable.

36:31  
How like carry which implement.

36:33  
Well, I think I am going to I'm going to I'm definitely going to do with them.

36:38  
Yeah, put that off easy to understand who will put that up.

36:41  
That's excellent there as well, because.

36:43  
So I just put on excellent here.

36:45  
Let's know what?

36:45  
Yeah.

36:47  
We don't mind what you put down now so you can be as honest as you.

36:50  
What?

36:51  
Excellent advice.

36:54  
Don't want no terrible at all.

36:55  
No, I know I should have.

36:57  
That's all I have to do, isn't it?

36:58  
Yeah, Well, that's it.

37:01  
I know.

37:02  
I think your response was submitted, so you should.

37:04  
You should have got somewhere, somewhere, somewhere.

37:06  
Yeah, some office, but no fair play.

37:09  
They've done a lot of stuff.

37:11  
Because there's definitely in this country.

37:14  
I can see we're we're in everywhere.

37:16  
I'm sure we're behind in cybersecurity like, you know, the day of the key under the door is gone like in like in sure, like when these let's can break in from any part of the the world and cause problems.

37:32  
And even if just even the hand drive fails, it's nothing to do with test at all.

37:36  
The the basic bit of lightning or you know, that's why it's at least we have it backed up.

37:45  
You know, we have something.

37:48  
So that's it.

37:53  
Great.

37:53  
Well, sure.

37:54  
Thanks a million for joining us today.

37:55  
It's a massive help.

37:56  
And we'll give you a shout when the website's up and running and you can have a go at that.

38:01  
And sure, we might talk to you again as well at that point.

38:03  
That's fine.

38:04  
That's great.

38:05  
Listen, thanks.

38:05  
A million up there that's keeping your \*\*\*\* into your \*\*\*\* in it.

38:09  
Or is it?

38:10  
Yeah, that's at Bishop's Town.

38:11  
Yeah, yeah, yeah, yeah, yeah, yeah.

38:13  
I, I used to go there before me, just the regional Technical College, long before ever, ever born.

38:18  
I do night classes there.

38:20  
I, I, I was, I trained as electrician many years ago and that's why I kind of looked at things.

38:26  
Could it break down?

38:27  
I I just, I'm always looking at the and actually the biggest, the weakest point is the person is with me in technology.

38:36  
It's, it's the person, it's causing the problem Solace.

38:41  
So I go away.

38:42  
So for me, I suppose.

38:43  
Yeah, That's perfect.

38:45  
Thanks a million, guys.

38:46  
You're great.

38:47  
All right.

38:48  
Bye, everyone.

38:49  
Thank you.

38:50  
Bye.

38:50  
Bye.

38:50  
Bye.

38:51  
Good luck.

38:54  
Are you?